

Take 10 minutes out of your day to ask yourself these 7 simple questions help define & create more meaning in your life.

<p>1. What matters to you most in the world?</p>	
<p>2. Who do you admire most & why?</p>	
<p>3. When can you last recall losing track of time or being so absorbed by something you stopped watching the clock?</p>	
<p>4. What advice would you give to your younger self?</p>	
<p>5. If money were no object, how would you live differently?</p>	
<p>6. What would you like to be remembered for?</p>	
<p>7. How are you going to make the world a better place?</p>	

“The purpose of life is not to be happy. It is to be useful, to be honourable, to be compassionate, to have it make some difference that you have lived and lived well.”
 Ralph Waldo Emerson